



BRITSAFE LEVEL 1

AWARD IN HEALTH AND SAFETY BEST PRACTICES

106/5243/1



Introduction:

The Britsafe Level 1 Award in Health and Safety Best Practices is a foundational qualification designed to instill critical awareness and operational discipline in individuals entering environments where safety standards are non-negotiable. This course equips learners with the essential principles and procedures required to recognize hazards, implement basic control measures, and engage responsibly in workplace safety culture from day one. Developed in alignment with current legislative frameworks such as the Health and Safety at Work Act and supporting Codes of Practice, the qualification introduces learners to proactive risk management techniques, reporting obligations, emergency readiness, and the roles of both employers and employees in creating safe working conditions. The course is intended for new entrants to the workforce, contractors, support personnel, or anyone who carries out low-risk activities under supervision. It serves as a structured entry point for individuals seeking to begin or formalize their understanding of health and safety responsibilities, and supports employers in meeting regulatory induction and duty-of-care requirements. By completing this qualification, learners not only demonstrate basic regulatory compliance but also gain a recognised credential that reinforces their commitment to safe, informed, and accountable workplace conduct.

Qualification Regulation and Support:

The Britsafe Level 1 Award in Health and Safety Best Practices is a nationally developed qualification, structured and awarded by Britsafe™ Qualifications UK Limited. It has been specifically designed to align with recognised occupational safety legislation and practice frameworks, ensuring that both the content and certification meet contemporary industry expectations and regulatory requirements. Britsafe™ Qualifications UK Limited oversees the integrity, delivery, and quality assurance of this award.

Key facts:

Qualification Number:	106/5243/1
Minimum Contact Hours:	4
Guided Learning Hours:	4
Credit Value:	1
Credential Status:	Award
Assessment Method:	Multiple-choice examination



Qualification Overview and Objective:

The Britsafe Level 1 Award in Health and Safety Best Practices provides individuals with foundational knowledge and skills for promoting a culture of health and safety in the workplace. Covering best practices, risk assessment, and emergency response, this qualification ensures individuals contribute to creating a safer and healthier working environment. Compliance with legal requirements is emphasized, making this award valuable for individuals in various industries.

The objective of the qualification is to:

- Understand the best practices for promoting health and safety in the workplace.
- Identify potential risks and hazards in various work environments.
- Learn effective health and safety management strategies.
- Gain knowledge of emergency response procedures and accident prevention.
- Demonstrate compliance with legal requirements for health and safety best practices.

Entry Requirements:

To register for this qualification, learners are required to meet the following entry requirements:

- Must be aged 16 and over
- Participants should have a basic understanding of the English language to effectively engage with course materials and assessments.
- This course is open to individuals of all backgrounds and experience levels who have an interest in workplace health and safety.

Geographical Coverage:

This qualification is suitable for delivery in England, Northern Ireland, Wales and can be offered internationally.

Delivery/Assessment Ratios:

To effectively deliver this qualification, centres are recommended not to exceed the ratio of 1 Qualified Tutor to 12 Learners in any one instance. If centres wish to increase the recommended ratio, they must first inform your dedicated Britsafe™ accounts manager before doing so.

Centre Requirements:

To effectively deliver this qualification, centres should have the following resources in place:

- Classroom with suitable seating and desks; and
- High-quality teaching and learning resources.

Guidance on Delivery:

The total qualification time (TQT) for this qualification is 4-hours and of this 4-hours is recommended as guided learning (GL). TQT is an estimate of the total number of hours it would take an average learner to achieve and demonstrate the necessary level of attainment to be awarded with a qualification, both under direct supervision (forming Guided Learning Hours) and without supervision (all other time). TQT and GLH values are advisory and assigned to a qualification as guidance.



Guidance on Assessment:

This qualification is assessed through a multiple-choice question exam.

- Centre's must take all reasonable steps to avoid any part of the assessment of a learner (including any internal quality assurance and invigilation) being undertaken by any person who has a personal interest in the result of the assessment.
- Centres must follow Britsafe™ Examination and Invigilation Procedures. Completed examination papers are to be returned to Britsafe™ for marking or If in case of online examination; records shall be updated on EMS portal accordingly.

Guidance on Quality Assurance:

Britsafe™ requires centres to have in place a robust mechanism for internal quality assurance. Britsafe™ will support centres by conducting ongoing engagements to ensure and verify the effective and efficient delivery, quality assurance and invigilation of the qualification.

Tutor Requirements:

Britsafe™ recommends nominated tutors for this qualification meet the following requirements:

- A relevant health and safety qualification at Level 3 or higher,
- Membership of a professional body (e.g., IOSH, IIRSM) is desirable.
- Hold a relevant subject area qualification/or be occupationally competent.
- Hold a recognized teaching/training qualification (or suitable equivalent).
- Level 3 Award in Education and Training (AET) or Train The Trainer.





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